



FITNESS ROOM RULES

HOURS OF OPERATION: 5:00am – Midnight Daily

PERSONS USING THE FITNESS FACILITY DO SO AT THEIR OWN RISK AND RELEASE AND INDEMNIFY THE STRATA CORPORATION AND THE MANAGING AGENTS FROM ANY AND ALL CLAIMS ARISING FROM THE USE OF THE FACILITY.

- The exercise room is for use by Residents only (no guests).
- Smoking or alcoholic drinks are not permitted.
- No glass is permitted. Only plastic bottles and drinking containers.
- Proper gym attire is required (shoes, shirts, shorts or athletic pants). Wearing of wet swimming apparel and sandals are not permitted.
- No unaccompanied children under the age of 14 are permitted in the room, with the exception of infants in strollers.
- No pets are permitted in this area.
- All equipment shall be wiped CLEAN and restored to its original place after use (e.g. mats, bikes, free weights etc.)
- Anyone witnessing persons causing damage or breaking rules in this facility shall report the incident to the concierge staff.
- Headphones shall be used for listening to music. No stand alone sound system allowed.
- Use of the cardio exercise equipment is limited to 30 minutes per session when other users are waiting in the exercise room.
- It is prohibited to remove any equipment from the fitness room.
- If you are the last person using the gym, you are responsible for ensuring that all doors and windows are closed and locked.